Enhancing Knowledge **Co-production Between Neurodivergent Young People & Academic Researchers to Enrich Experimental Neuroscience**

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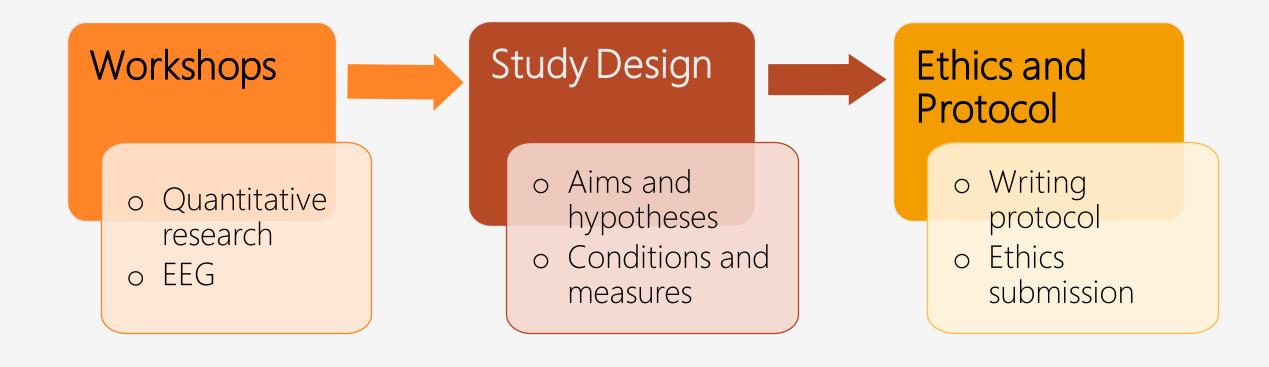


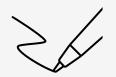
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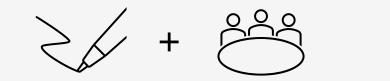


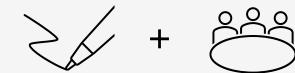
Regulating Emotions – Strengthening dolescent Resilience

Methods





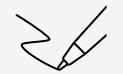




Journalling and Online Sessions

<u>Methods</u>

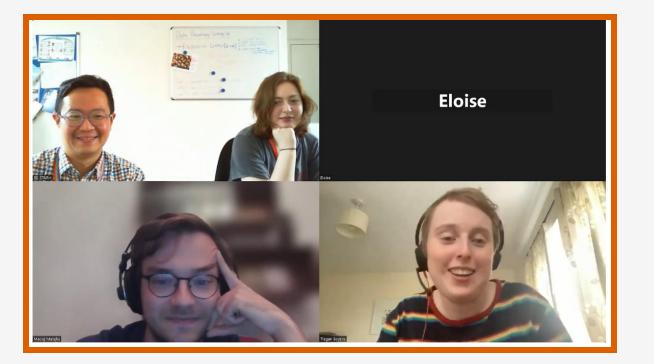
o Impressions of research
o Taking part in EEG?
o Experience of PR Online sessions
 With external researcher
 Discussion space







Journalling and Online Sessions



Online Meetings

Jamboard Discussion

Images from YRP Member Maciej Matejko's KERN Blog

Why is this research important?

Notes from a brainstorming session from one of our first meetings

"A potentially deeper understanding of the experiences of ND YP in these kinds of studies. This could come from ND people conducting it so it feels a safer space to share."

"Compliments other domains in RE-STAR research. Adds quantitative elements to the qualitative research that we do in WP1."

"More straightforward than qualitative studies, requiring more knowledge on how to do it? Not much participatory research in this area."

"Some people cannot tolerate the EEG data collection, for some people with ADHD that might be a struggle, autistic people have difficulties with the sensory aspects."



Value of PR

Challenges

Free Expression

Equitable Work

Familiarity

Facilitation/Support

Power Dynamics

Rewarding Experience

"I feel respected and included and like my contributions do matter, which is standard for RE-STAR..." Y-RP Researcher



Value of PR

Exchange of Knowledge/Experience

Scientific Contribution

Challenges

Power Dynamics

Rewarding Experience

"The mental load of [...] a dual role of being a learner and a teacher definitely resonates."

Academic Researcher



Value of PR

Different Knowledge Base

Fast-Paced

Challenges

Power Dynamics

"It definitely has felt quite the crash course and very fast paced." YRP Researcher

Rewarding Experience



Value of PR

Challenges

Power Dynamics

"I still don't consider myself to be on equal footing to the academic researchers, but I'm not sure that's ever really achievable in this kind of work."

YRP Researcher

Rewarding Experience



Value of PR

Challenges

Power Dynamics

Rewarding Experience

Enjoyment

Fulfilment

"I found it very fulfilling, by the end I felt well integrated into the team and like my contributions were helping." YRP Researcher

Looking Forward



Full ethical approval



Blog post by Maciej Matejko (YRP)

E

Enriched wider EEG study

 \checkmark

Kicking off Stage 2 currently o New PRT members o Range of roles o Longer timeframe

Looking Forward



Thank you to...

The entire RE-STAR Participatory Research Team:

Maciej Matejko, Dorian Poulton, Luke Harvey-Nguyen, Tiegan Boyens, Isabel Jackson (independent youth researchers),

Edmund Sonuga- Barke, Susie Chandler, Eloise Funnell and Steve Lukito (KCL);

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