Enhancing Knowledge **Co-production Between Neurodivergent Young People & Academic Researchers to Enrich Experimental Neuroscience** 

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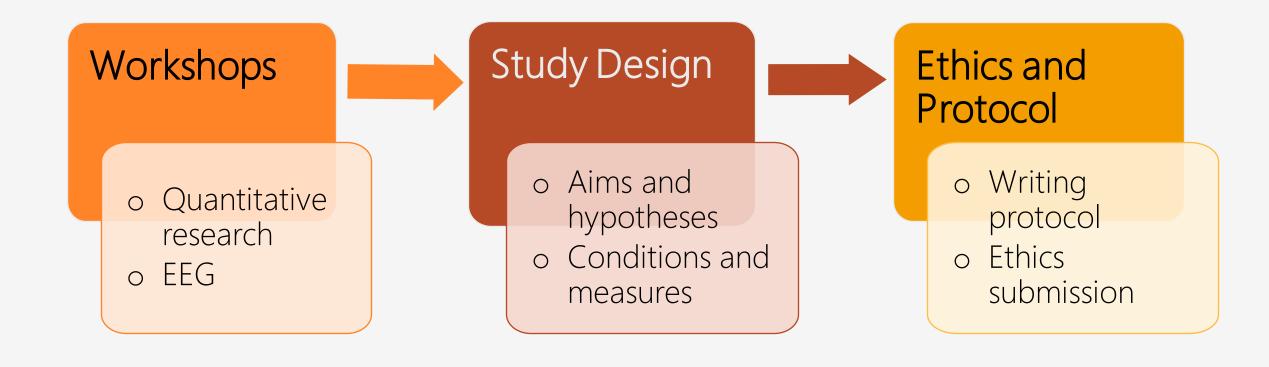


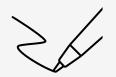
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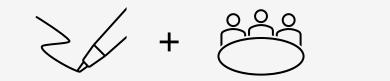


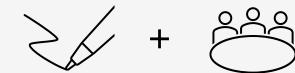
Regulating Emotions – Strengthening dolescent Resilience

**Methods** 









*Journalling and Online Sessions* 

# <u>Methods</u>

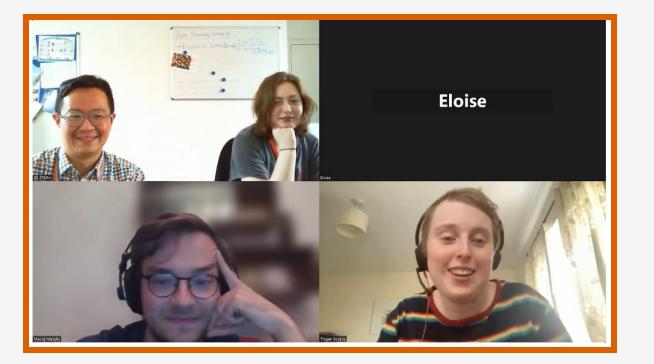
o Impressions of research
o Taking part in EEG?
o Experience of PR Online sessions
 With external researcher
 Discussion space







*Journalling and Online Sessions* 



#### Online Meetings

#### Jamboard Discussion

Images from YRP Member Maciej Matejko's KERN Blog

#### Why is this research important?

Notes from a brainstorming session from one of our first meetings

#### "A potentially deeper understanding of the experiences of ND YP in these kinds of studies. This could come from ND people conducting it so it feels a safer space to share."

"Compliments other domains in RE-STAR research. Adds quantitative elements to the qualitative research that we do in WP1."

#### "More straightforward than qualitative studies, requiring more knowledge on how to do it? Not much participatory research in this area."

"Some people cannot tolerate the EEG data collection, for some people with ADHD that might be a struggle, autistic people have difficulties with the sensory aspects."



#### Value of PR

# Challenges

Free Expression

Equitable Work

Familiarity

Facilitation/Support

#### Power Dynamics

#### Rewarding Experience

"I feel respected and included and like my contributions do matter, which is standard for RE-STAR..." Y-RP Researcher



#### Value of PR

#### Exchange of Knowledge/Experience

Scientific Contribution

# Challenges

#### Power Dynamics

#### Rewarding Experience

"The mental load of [...] a dual role of being a learner and a teacher definitely resonates."

Academic Researcher



#### Value of PR

#### Different Knowledge Base

Fast-Paced

# Challenges

#### Power Dynamics

#### "It definitely has felt quite the crash course and very fast paced." YRP Researcher

#### Rewarding Experience



#### Value of PR

### Challenges

#### Power Dynamics

"I still don't consider myself to be on equal footing to the academic researchers, but I'm not sure that's ever really achievable in this kind of work."

**YRP** Researcher

#### Rewarding Experience



#### Value of PR

# Challenges

#### Power Dynamics

#### Rewarding Experience

# Enjoyment

Fulfilment

"I found it very fulfilling, by the end I felt well integrated into the team and like my contributions were helping." YRP Researcher

# Looking Forward



Full ethical approval



Blog post by Maciej Matejko (YRP)

E

Enriched wider EEG study

 $\checkmark$ 

Kicking off Stage 2 currently o New PRT members o Range of roles o Longer timeframe

# Looking Forward



Thank you to...

#### The entire RE-STAR Participatory Research Team:

Maciej Matejko, Dorian Poulton, Luke Harvey-Nguyen, Tiegan Boyens, Isabel Jackson (independent youth researchers),

Edmund Sonuga- Barke, Susie Chandler, Eloise Funnell and Steve Lukito (KCL);

Georgia Pavlopoulou (Anna Freud Centre and UCL), Sylvan Baker & Lauren Low (Royal Central School of Speech and Drama).

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